

### Comparison Between **Middlesex** County and New Jersey Adults 2009 NJ Household Survey on Drug Use & Health

The 2009 New Jersey Household Survey on Drug Use and Health was commissioned by the Division of Addiction Services (DAS) with funding from the U.S. Department of Health and Human Services, Center for Substance Abuse Treatment (CSAT), to assess the prevalence of legal and illegal substance use and identify the need and demand for substance abuse treatment. Administration of the survey was carried out by the Bloustein Center for Survey Research (BCSR), Bloustein School of Public Policy at Rutgers, the State University of New Jersey. The survey contained 14,678 respondents, yielding a random sample with a margin of error of +/- 0.8%. The Middlesex County portion of the sample had 688 respondents in 2003 and 718 in 2009; therefore county estimates have a margin of error of approximately +/- 3.7%. Selected comparisons between Middlesex County and New Jersey as well as Middlesex County in 2003 and 2009 are presented below.

	County vs. State (2009)			County Trends		
	Middlesex County %	New Jersey %	Difference %	2003 %	2009 %	Difference %
<b>Tobacco Use</b>						
<b>Lifetime use of cigarettes</b> (Used cigarettes one or more times during their life.)	45.9	52.5	-6.6	53.5	45.9	-7.6
<b>Past year use of cigarettes</b> (Used cigarettes one or more times during the past year.)	15.3	20.2	-4.9	22.5	15.3	-7.2
<b>Current use of cigarettes</b> (Used cigarettes one or more times during the past 30 days.)	12.7	17.3	-4.6	20.2	12.7	-7.5
<b>Smoked part or all of their first cigarette at age 14 or under</b>	11.8	15.5	-3.7	14.9	11.8	-3.1
<b>Daily smoker</b> (Daily smoking is defined as having smoked in at least 28 of the past 30 days.)	9.6	13.4	-3.8	16.1	9.6	-6.5
<b>Heavy smoker</b> (Heavy smoking is defined as smoking one pack or more per day.)	3.1	6.3	-3.2	9.4	3.1	-6.3
<b>Alcohol Use</b>						
<b>Lifetime use of alcohol</b> (Used alcohol one or more times during their life.)	79.5	83.1	-3.6	82.2	79.5	-2.7
<b>Current use of alcohol</b> (Used alcohol one or more times during the past year.)	64.9	68.5	-3.6	70.9	64.9	-6.0
<b>Past 30 day use of alcohol</b> (Used alcohol one or more times during the past 30 days.)	50.0	54.0	-4.0	54.3	50.0	-4.3

Red denotes deviation from the state or trend estimate above the practical significance level of 4.0%, which may indicate a need for planned interventions to reduce rates. (OVER)

	County vs. State (2009)			County Trends		
	Middlesex County %	New Jersey %	Difference %	2003 %	2009 %	Difference %
<b>Alcohol Use (Cont.)</b>						
<b>First drank alcohol at age 14 or under</b>	9.7	13.1	-3.4	14.5	9.7	-4.8
<b>Heavy drinker</b> (Heavy drinking is defined as having 5 or more drinks on 4 or more days in the past month.)	4.0	5.0	-1.0	5.1	4.0	-1.1
<b>Lifetime binge drinking</b> (Binge drinking is defined as drinking for two or more days straight without sobering up.)	2.2	4.8	-2.6	4.7	2.2	-2.5
<b>Illicit Drug Use</b>						
<b>Lifetime use of any illicit drug</b> (Used any illicit drug one or more times during their life.)	26.7	32.1	-5.4	28.6	26.7	-1.9
<b>Current use of any illicit drug</b> (Used any illicit drug one or more times during the past year.)	4.8	6.5	-1.7	3.7	4.8	1.1
<b>Past 30 day use of any illicit drug</b> (Used any illicit drug one or more times during the past 30 days.)	3.3	3.7	-0.4	3.0	3.3	0.3
<b>Lifetime use of marijuana</b> (Used marijuana one or more times during their life.)	25.3	30.2	-4.9	26.5	25.3	-1.2
<b>Current use of marijuana</b> (Used marijuana one or more times during the past year.)	3.7	4.8	-1.1	3.3	3.7	0.4
<b>Past 30 day use of marijuana</b> (Used marijuana one or more times during the past 30 days.)	2.5	2.7	-0.2	2.8	2.5	-0.3
<b>Tried marijuana for the first time at age 14 or under</b>	3.3	5.2	-1.9	5.0	3.3	-1.7
<b>Lifetime use of cocaine</b> (Used cocaine one or more times during their life.)	8.6	9.8	-1.2	8.2	8.6	0.4
<b>Lifetime use of psychotherapeutics</b> (Used psychotherapeutics one or more times during their life.)	6.1	8.6	-2.5	7.8	6.1	-1.7
<b>Lifetime use of hallucinogens</b> (Used hallucinogens one or more times during their life.)	3.1	5.2	-2.1	4.1	3.1	-1.0
<b>Lifetime use of any drug other than marijuana</b> (Used any drug other than marijuana one or more times during their life.)	11.8	15.3	-3.5	N/A	11.8	N/A
<b>Lifetime use of non-heroin opiates</b> (Used non-heroin opiates one or more times during their life.)	3.3	4.8	-1.5	3.2	3.3	0.1
<b>Lifetime use of sedatives</b> (Used sedatives one or more times during their life.)	2.3	3.1	-0.8	3.7	2.3	-1.4
<b>Lifetime use of tranquilizers</b> (Used tranquilizers one or more times during their life.)	0.9	2.9	-2.0	3.4	0.9	-2.5

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N/A - List of drugs asked about differed from 2003 to 2009, thus comparisons on this variable are not possible.

	County vs. State (2009)			County Trends		
	Middlesex County %	New Jersey %	Difference %	2003 %	2009 %	Difference %
<b>Illicit Drug Use (Cont.)</b>						
<b>Lifetime use of ecstasy</b> (Used ecstasy one or more times during their life.)	1.3	2.5	-1.2	2.5	1.3	-1.2
<b>Lifetime use of methamphetamines</b> (Used methamphetamines one or more times during their life.)	1.7	2.4	-0.7	2.4	1.7	-0.7
<b>Lifetime use of crack</b> (Used crack one or more times during their life.)	0.7	1.7	-1.0	1.5	0.7	-0.8
<b>Lifetime use of heroin</b> (Used heroin one or more times during their life.)	0.4	1.4	-1.0	1.5	0.4	-1.1
<b>Lifetime use of other club drugs</b> (Used other club drugs one or more times during their life.)	0.1	0.6	-0.5	1.0	0.1	-0.9
<b>Lifetime use of steroids</b> (Used steroids one or more times during their life.)	0.3	0.3	0.0	0.9	0.3	-0.6
<b>Substance Abuse and Dependence</b>						
<b>Residents who met criteria for substance abuse or dependence</b> (In the past year.)	7.4	9.4	-2.0	10.3	7.4	-2.9
<b>Lifetime receipt of AA/NA</b>	3.5	4.9	-1.4	3.4	3.5	0.1
<b>Lifetime receipt of formal treatment</b>	1.6	3.1	-1.5	3.1	1.6	-1.5
<b>Past year receipt of AA/NA</b>	1.0	1.9	-0.9	2.1	1.0	-1.1
<b>Past year receipt of formal treatment</b>	0.4	0.6	-0.2	0.2	0.4	0.2
<b>Gambling</b>						
<b>Lifetime gambling</b>	67.8	66.9	0.9	73.5	67.8	-5.7
<b>Lifetime gambling in the form of lottery tickets</b>	57.3	57.6	-0.3	63.9	57.3	-6.6
<b>Lifetime gambling in a casino</b>	39.0	37.7	1.3	46.9	39.0	-7.9
<b>Lifetime gambling in any other form (non-casino or lottery)</b>	18.1	18.5	-0.4	22.7	18.1	-4.6
<b>Heavy gambling</b> (Heavy gambling is defined as 20 or more times during the year of heaviest gambling.)	20.0	19.1	0.9	20.4	20.0	-0.4
<b>Lifetime problem gambling</b> (Problem gambling is defined as reported by respondent.)	2.1	2.4	-0.3	4.1	2.1	-2.0

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